

## 2022 OUA Cross Country Championships

44th for Women, 107th for Men

2022-10-29

2022-10-29 - 2022-10-29

Thames Valley GC, London, ON

**Event # 1 WOMENS 8Km Run**

START @ 12:00pm

Conditions: sunny, 12°C

5th year for 8K for Women at OUA

+ COURSE RECORD: Brogan MacDougall Queen's Gaels 28:03.00 OUA 2018

TEAM POINTS RECORD: Guelph Gryphons 22pts [1-2-3-5-11] 2012

PLACE	TEAM	SCORE	SCORERS	DISPLACERS	TOP 5 TOTAL	TOP 5 AVG/KM	TOP 5 AVG	TOP 5 SPLIT
1	GUELPH GRYPHONS	21	1-2-4-6-8	12-13	2:28:50	3:44	29:46	0:41
2	MCMASTER MARAUDERS	69	3-10-11-21-24	30-44	2:33:10	3:50	30:38	2:04
3	WESTERN MUSTANGS	70	5-7-16-20-22	23-51	2:33:04	3:50	30:37	1:16
4	QUEEN'S GAELS	121	15-17-25-28-36	38-40	2:38:20	3:58	31:40	2:11
5	WINDSOR LANCERS	148	18-19-34-35-42	57-61	2:40:36	4:01	32:08	2:25
6	WATERLOO WARRIORS	168	9-32-33-41-53	60	2:42:54	4:05	32:35	3:43
7	TORONTO VARSITYBLUES	175	26-29-31-43-46	52	2:43:24	4:06	32:41	1:27
8	OTTAWA GEE GEES	237	14-27-59-68-69	75	2:51:02	4:17	34:13	6:00
9	LAURIER GOLDEN HAWKS	245	39-48-49-54-55	62-67	2:48:52	4:14	33:47	1:06
10	LAURENTIAN VOYAGEURS	256	37-47-50-56-66	72	2:51:15	4:17	34:15	3:29
11	BROCK BADGERS	295	45-58-63-64-65	73-77	2:55:45	4:24	35:09	3:09
12	TMU BOLD	369	70-71-74-76-78		3:18:00	4:57	39:36	6:01
	YORK LIONS		47-83					
	TRENT EXCALIBUR		86-88					
	LAKEHEAD THNDRWOLVES		62					
	ALGOMA THUNDERBIRDS		81-82					
	NIPISSING LAKERS		70-73-78					

OVERALL PLACE	SCORE PLACE	BIB NUM	NAME	AGE	GRADE	TEAM	PLACE ON TEAM	AVG/KM	TIME
1	1	23	Sadie-Jane Hickson		E5	GUELPH GRYPHONS	1	3:41	29:26
2	2	27	Nina Whitford		E4	GUELPH GRYPHONS	2	3:42	29:32
3	3	49	Rosalyn Barrett		E2	MCMASTER MARAUDERS	1	3:42	29:33
4	4	20	Annika Ariano		E3	GUELPH GRYPHONS	3	3:44	29:47
5	5	115	Sophie Coutts		E2	WESTERN MUSTANGS	1	3:45	29:57
6	6	26	Olivia Roussel		E3	GUELPH GRYPHONS	4	3:45	29:58
7	7	117	Erika Jordan		E2	WESTERN MUSTANGS	2	3:46	30:01
8	8	28	Hannah Woodhouse		E5	GUELPH GRYPHONS	5	3:46	30:07
9	9	103	Claudia Heeney		E2	WATERLOO WARRIORS	1	3:47	30:16
10	10	55	Sarah Nolan		E4	MCMASTER MARAUDERS	2	3:48	30:24
11	11	51	Hannah Goodjohn		E3	MCMASTER MARAUDERS	3	3:49	30:29
12	12	21	Michelle Gray		R	GUELPH GRYPHONS	6	3:50	30:33
13	13	22	Sandra Guga		E3	GUELPH GRYPHONS	7	3:50	30:34
14	14	63	Noemie Beauregard		E1	OTTAWA GEE GEES	1	3:50	30:40
15	15	73	Emma Graham		E2	QUEEN'S GAELS	1	3:51	30:42
16	16	113	Anna Carruthers		E3	WESTERN MUSTANGS	3	3:51	30:46
17	17	77	Manon Plouvier		E4	QUEEN'S GAELS	2	3:51	30:48
18	18	122	Nicole LaRue		E3	WINDSOR LANCERS	1	3:52	30:51
19	19	126	Samara Quanz		E2	WINDSOR LANCERS	2	3:52	30:54
20	20	114	Chloe Coutts		E2	WESTERN MUSTANGS	4	3:54	31:07

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TEAM POINTS RECORD: Guelph Gryphons 22pts [1-2-3-5-11] 2012

21	21	57	Kaitlyn Treleaven	E2	MCMASTER MARAUDERS	4	3:54	<b>31:07</b>
22	22	111	Paige Breedon	E1	WESTERN MUSTANGS	5	3:55	<b>31:13</b>
23	23	119	Heidi Ohrling	E4	WESTERN MUSTANGS	6	3:56	<b>31:23</b>
24	24	58	Emma Waddington	E5	MCMASTER MARAUDERS	5	3:58	<b>31:37</b>
25	25	80	Elizabeth Vroom	R	QUEEN'S GAELS	3	4:00	<b>31:55</b>
26	26	92	Christina Esposito	E3	TORONTO VARSITYBLUES	1	4:00	<b>31:56</b>
27	27	68	Nina Gunther	E4	OTTAWA GEE GEES	2	4:01	<b>32:01</b>
28	28	72	Tamara Goddard	E2	QUEEN'S GAELS	4	4:01	<b>32:02</b>
29	29	95	Sarah Luedke	E2	TORONTO VARSITYBLUES	2	4:02	<b>32:11</b>
30	30	56	Kayla Overholt	E2	MCMASTER MARAUDERS	6	4:03	<b>32:22</b>
31	31	94	Sophie Levasseur	E2	TORONTO VARSITYBLUES	3	4:05	<b>32:38</b>
32	32	107	Ella Symon	E2	WATERLOO WARRIORS	2	4:06	<b>32:41</b>
33	33	102	Katherine Granstrom	E4	WATERLOO WARRIORS	3	4:06	<b>32:42</b>
34	34	128	Natalie Whitten	E4	WINDSOR LANCERS	3	4:06	<b>32:43</b>
35	35	123	Meg Mooney	E4	WINDSOR LANCERS	4	4:07	<b>32:52</b>
36	36	78	Gillian Porter	R	QUEEN'S GAELS	5	4:07	<b>32:53</b>
37	37	35	Angela Mozzon	E3	LAURENTIAN VOYAGEURS	1	4:08	<b>32:58</b>
38	38	74	Olivia Hendrikx	E2	QUEEN'S GAELS	6	4:08	<b>33:01</b>
39	39	41	Nicole Beach	E2	LAURIER GOLDEN HAWKS	1	4:10	<b>33:13</b>
40	40	75	Sarah Lacy	R	QUEEN'S GAELS	7	4:10	<b>33:13</b>
41	41	105	Megan Richer	E2	WATERLOO WARRIORS	4	4:10	<b>33:16</b>
42	42	127	Chloe Walker	E4	WINDSOR LANCERS	5	4:10	<b>33:16</b>
43	43	93	Madeleine Larson	R	TORONTO VARSITYBLUES	4	4:10	<b>33:16</b>
44	44	53	Morgan McKeown	E2	MCMASTER MARAUDERS	7	4:10	<b>33:16</b>
45	45	13	Robyn Adamo	E4	BROCK BADGERS	1	4:10	<b>33:17</b>
46	46	98	Katherine Vuckovic	E1	TORONTO VARSITYBLUES	5	4:11	<b>33:23</b>
47		130	Laura Peters	E2	YORK LIONS	1	4:11	<b>33:27</b>
48	47	36	Kristen Mrozewski	E2	LAURENTIAN VOYAGEURS	2	4:11	<b>33:28</b>
49	48	48	Mary Tennant	E2	LAURIER GOLDEN HAWKS	2	4:12	<b>33:31</b>
50	49	45	Elizabeth Drake	E3	LAURIER GOLDEN HAWKS	3	4:12	<b>33:35</b>
51	50	31	Sarah Booth	E2	LAURENTIAN VOYAGEURS	3	4:13	<b>33:42</b>
52	51	118	Hallee Knelsen	E2	WESTERN MUSTANGS	7	4:14	<b>33:48</b>
53	52	90	E.J Boston	E2	TORONTO VARSITYBLUES	6	4:14	<b>33:51</b>
54	53	108	Natalie Tsang	E2	WATERLOO WARRIORS	5	4:15	<b>33:59</b>
55	54	39	Sabrina Arena	R	LAURIER GOLDEN HAWKS	4	4:17	<b>34:14</b>
56	55	40	Hannah Badin	E3	LAURIER GOLDEN HAWKS	5	4:18	<b>34:19</b>
57	56	33	Meredith Kusnierczyk	E1	LAURENTIAN VOYAGEURS	4	4:20	<b>34:40</b>
58	57	124	Joelle Olla	R	WINDSOR LANCERS	6	4:20	<b>34:40</b>
59	58	17	Lauren Macsai	E2	BROCK BADGERS	2	4:21	<b>34:46</b>
60	59	66	Kylee Fowler	E2	OTTAWA GEE GEES	3	4:23	<b>35:02</b>
61	60	109	Claire Vernon-Pope	R	WATERLOO WARRIORS	6	4:23	<b>35:04</b>
62		30	Katherine Lucas	E3	LAKEHEAD THNDRWOLVES	1	4:25	<b>35:17</b>
63	61	121	Kaitlyn Handy	R	WINDSOR LANCERS	7	4:26	<b>35:23</b>
64	62	46	Piper Lafayette	E3	LAURIER GOLDEN HAWKS	6	4:26	<b>35:24</b>

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65	63	18	Julie Mak	R	BROCK BADGERS	3	4:27	<b>35:34</b>
66	64	19	Adeline Steiger	R	BROCK BADGERS	4	4:28	<b>35:42</b>
67	65	16	Cori Macsai	E2	BROCK BADGERS	5	4:34	<b>36:26</b>
68	66	38	Ashley Valentini	E3	LAURENTIAN VOYAGEURS	5	4:34	<b>36:27</b>
69	67	44	Abbey Davis	E3	LAURIER GOLDEN HAWKS	7	4:34	<b>36:31</b>
70		62	Jaime Schweyer	E3	NIPISSING LAKERS	1	4:35	<b>36:38</b>
71	68	69	Elana Tyman	E2	OTTAWA GEE GEES	4	4:35	<b>36:39</b>
72	69	64	Taylor Brown	E2	OTTAWA GEE GEES	5	4:35	<b>36:40</b>
73		59	Brooke Ailey	R	NIPISSING LAKERS	2	4:37	<b>36:49</b>
74	70	86	Tijana Panic	R	TMU BOLD	1	4:37	<b>36:54</b>
75	71	83	Victoria Hebert	R	TMU BOLD	2	4:40	<b>37:18</b>
76	72	34	Abbey Maillet	E2	LAURENTIAN VOYAGEURS	6	4:41	<b>37:21</b>
77	73	14	Ciepielewski Ania	R	BROCK BADGERS	6	4:47	<b>38:13</b>
78		61	Sina Scholz	E2	NIPISSING LAKERS	3	4:54	<b>39:09</b>
79	74	84	Olivia James	R	TMU BOLD	3	4:55	<b>39:17</b>
80	75	65	Emy Coupal	E1	OTTAWA GEE GEES	6	4:55	<b>39:18</b>
81		11	Avery Cooper	R	ALGOMA THUNDERBIRDS	1	5:02	<b>40:12</b>
82		12	Faith Holmes	E3	ALGOMA THUNDERBIRDS	2	5:03	<b>40:17</b>
83		131	Jennifer Ward	R	YORK LIONS	2	5:09	<b>41:06</b>
84	76	89	Jessica Ward	R	TMU BOLD	4	5:12	<b>41:36</b>
85	77	15	Verbrugge Liberty	R	BROCK BADGERS	7	5:13	<b>41:42</b>
86		265	Brittany Welsh	E1	TRENT EXCALIBUR	1	5:15	<b>41:55</b>
87	78	88	Brigitte Toljagic	R	TMU BOLD	5	5:22	<b>42:55</b>
88		100	Isabelle Honegger	R	TRENT EXCALIBUR	2	5:33	<b>44:20</b>
89		67	Haley Griffin	R	OTTAWA GEE GEES			<b>DNF</b>
90		101	Hillary Clark	E3	WATERLOO WARRIORS			<b>DNF</b>
91		32	Pascale Gendron	E2	LAURENTIAN VOYAGEURS			<b>DNF</b>
92		91	Joud Dabous	E2	TORONTO VARSITYBLUES			<b>DNF</b>

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**TEAM: GUELPH GRYPHONS SCORE: 21 PLACE: 1**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
2-2	Nina Whitford		E4	27	29:32	3:42	5:57
1-1	Sadie-Jane Hickson		E5	23	29:26	3:41	5:56
4-4	Annika Ariano		E3	20	29:47	3:44	6:00
6-6	Olivia Roussel		E3	26	29:58	3:45	6:02
8-8	Hannah Woodhouse		E5	28	30:07	3:46	6:04
=====							
13-13	Sandra Guga		E3	22	30:34	3:50	6:09
12-12	Michelle Gray		R	21	30:33	3:50	6:09
=====							
<b>Top 5 Total Time:</b>		2:28:50			<b>Top 5 Average Time:</b>	29:46	
<b>Top 5 Average per KM:</b>		3:44			<b>Top 5 Average Per MILE:</b>	6:00	
<b>1 - 5 Split:</b>		0:41			<b>1 - 7 Split:</b>	1:08	
<b>Top 7 Total Time:</b>		3:29:57			<b>Top 7 Average Time:</b>	30:00	

**TEAM: MCMMASTER MARAUDERS SCORE: 69 PLACE: 2**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
3-3	Rosalyn Barrett		E2	49	29:33	3:42	5:57
10-10	Sarah Nolan		E4	55	30:24	3:48	6:07
11-11	Hannah Goodjohn		E3	51	30:29	3:49	6:08
21-21	Kaitlyn Treleaven		E2	57	31:07	3:54	6:16
24-24	Emma Waddington		E5	58	31:37	3:58	6:22
=====							
30-30	Kayla Overholt		E2	56	32:22	4:03	6:31
44-44	Morgan McKeown		E2	53	33:16	4:10	6:42
=====							
<b>Top 5 Total Time:</b>		2:33:10			<b>Top 5 Average Time:</b>	30:38	
<b>Top 5 Average per KM:</b>		3:50			<b>Top 5 Average Per MILE:</b>	6:10	
<b>1 - 5 Split:</b>		2:04			<b>1 - 7 Split:</b>	3:43	
<b>Top 7 Total Time:</b>		3:38:48			<b>Top 7 Average Time:</b>	31:16	

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**TEAM: WESTERN MUSTANGS SCORE: 70 PLACE: 3**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Sophie Coutts		E2	115	29:57	3:45	6:02
7-7	Erika Jordan		E2	117	30:01	3:46	6:03
16-16	Anna Carruthers		E3	113	30:46	3:51	6:12
20-20	Chloe Coutts		E2	114	31:07	3:54	6:16
23-23	Heidi Ohrling		E4	119	31:23	3:56	6:19
22-22	Paige Breedon		E1	111	31:13	3:55	6:17
52-51	Hallee Knelsen		E2	118	33:48	4:14	6:48

<b>Top 5 Total Time:</b>	2:33:04	<b>Top 5 Average Time:</b>	30:37
<b>Top 5 Average per KM:</b>	3:50	<b>Top 5 Average Per MILE:</b>	6:10
<b>1 - 5 Split:</b>	1:16	<b>1 - 7 Split:</b>	3:51
<b>Top 7 Total Time:</b>	3:38:15	<b>Top 7 Average Time:</b>	31:11

**TEAM: QUEEN'S GAELS SCORE: 121 PLACE: 4**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
15-15	Emma Graham		E2	73	30:42	3:51	6:11
17-17	Manon Plouvier		E4	77	30:48	3:51	6:12
25-25	Elizabeth Vroom		R	80	31:55	4:00	6:26
28-28	Tamara Goddard		E2	72	32:02	4:01	6:27
36-36	Gillian Porter		R	78	32:53	4:07	6:37
38-38	Olivia Hendrikk		E2	74	33:01	4:08	6:39
40-40	Sarah Lacy		R	75	33:13	4:10	6:41

<b>Top 5 Total Time:</b>	2:38:20	<b>Top 5 Average Time:</b>	31:40
<b>Top 5 Average per KM:</b>	3:58	<b>Top 5 Average Per MILE:</b>	6:23
<b>1 - 5 Split:</b>	2:11	<b>1 - 7 Split:</b>	2:31
<b>Top 7 Total Time:</b>	3:44:34	<b>Top 7 Average Time:</b>	32:05

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**TEAM: WINDSOR LANCERS SCORE: 148 PLACE: 5**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
18-18	Nicole LaRue		E3	122	30:51	3:52	6:13
19-19	Samara Quanz		E2	126	30:54	3:52	6:13
35-35	Meg Mooney		E4	123	32:52	4:07	6:37
34-34	Natalie Whitten		E4	128	32:43	4:06	6:35
42-42	Chloe Walker		E4	127	33:16	4:10	6:42
58-57	Joelle Olla		R	124	34:40	4:20	6:59
63-61	Kaitlyn Handy		R	121	35:23	4:26	7:08
<b>Top 5 Total Time:</b>		2:40:36			<b>Top 5 Average Time:</b>	32:08	
<b>Top 5 Average per KM:</b>		4:01			<b>Top 5 Average Per MILE:</b>	6:28	
<b>1 - 5 Split:</b>		2:25			<b>1 - 7 Split:</b>	4:32	
<b>Top 7 Total Time:</b>		3:50:39			<b>Top 7 Average Time:</b>	32:57	

**TEAM: WATERLOO WARRIORS SCORE: 168 PLACE: 6**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
9-9	Claudia Heeney		E2	103	30:16	3:47	6:06
33-33	Katherine Granstrom		E4	102	32:42	4:06	6:35
32-32	Ella Symon		E2	107	32:41	4:06	6:35
41-41	Megan Richer		E2	105	33:16	4:10	6:42
54-53	Natalie Tsang		E2	108	33:59	4:15	6:51
61-60	Claire Vernon-Pope		R	109	35:04	4:23	7:04
	Hillary Clark		E3	101	DNF		
<b>Top 5 Total Time:</b>		2:42:54			<b>Top 5 Average Time:</b>	32:35	
<b>Top 5 Average per KM:</b>		4:05			<b>Top 5 Average Per MILE:</b>	6:34	
<b>1 - 5 Split:</b>		3:43			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

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**TEAM: TORONTO VARSITYBLUES SCORE: 175 PLACE: 7**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
26-26	Christina Esposito		E3	92	31:56	4:00	6:26
29-29	Sarah Luedke		E2	95	32:11	4:02	6:29
31-31	Sophie Levasseur		E2	94	32:38	4:05	6:34
43-43	Madeleine Larson		R	93	33:16	4:10	6:42
46-46	Katherine Vuckovic		E1	98	33:23	4:11	6:43
=====							
53-52	E.J Boston		E2	90	33:51	4:14	6:49
	Joud Dabous		E2	91	DNF		
=====							
<b>Top 5 Total Time:</b>		2:43:24			<b>Top 5 Average Time:</b>		32:41
<b>Top 5 Average per KM:</b>		4:06			<b>Top 5 Average Per MILE:</b>		6:35
<b>1 - 5 Split:</b>		1:27			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

**TEAM: OTTAWA GEE GEES SCORE: 237 PLACE: 8**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
14-14	Noemie Beauregard		E1	63	30:40	3:50	6:11
27-27	Nina Gunther		E4	68	32:01	4:01	6:27
60-59	Kylee Fowler		E2	66	35:02	4:23	7:03
71-68	Elana Tyman		E2	69	36:39	4:35	7:23
72-69	Taylor Brown		E2	64	36:40	4:35	7:23
=====							
80-75	Emy Coupal		E1	65	39:18	4:55	7:55
	Haley Griffin		R	67	DNF		
=====							
<b>Top 5 Total Time:</b>		2:51:02			<b>Top 5 Average Time:</b>		34:13
<b>Top 5 Average per KM:</b>		4:17			<b>Top 5 Average Per MILE:</b>		6:53
<b>1 - 5 Split:</b>		6:00			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		

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**TEAM: LAURIER GOLDEN HAWKS SCORE: 245 PLACE: 9**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
39-39	Nicole Beach		E2	41	33:13	4:10	6:41
49-48	Mary Tennant		E2	48	33:31	4:12	6:45
50-49	Elizabeth Drake		E3	45	33:35	4:12	6:46
56-55	Hannah Badin		E3	40	34:19	4:18	6:55
55-54	Sabrina Arena		R	39	34:14	4:17	6:54
64-62	Piper Lafayette		E3	46	35:24	4:26	7:08
69-67	Abbey Davis		E3	44	36:31	4:34	7:21
<b>Top 5 Total Time:</b>		2:48:52			<b>Top 5 Average Time:</b>	33:47	
<b>Top 5 Average per KM:</b>		4:14			<b>Top 5 Average Per MILE:</b>	6:48	
<b>1 - 5 Split:</b>		1:06			<b>1 - 7 Split:</b>	3:18	
<b>Top 7 Total Time:</b>		4:04:47			<b>Top 7 Average Time:</b>	34:24	

**TEAM: LAURENTIAN VOYAGEURS SCORE: 256 PLACE: 10**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
37-37	Angela Mozzon		E3	35	32:58	4:08	6:38
48-47	Kristen Mrozewski		E2	36	33:28	4:11	6:44
51-50	Sarah Booth		E2	31	33:42	4:13	6:47
57-56	Meredith Kusnierczyk		E1	33	34:40	4:20	6:59
68-66	Ashley Valentini		E3	38	36:27	4:34	7:20
76-72	Abbey Maillet		E2	34	37:21	4:41	7:31
	Pascale Gendron		E2	32	DNF		
<b>Top 5 Total Time:</b>		2:51:15			<b>Top 5 Average Time:</b>	34:15	
<b>Top 5 Average per KM:</b>		4:17			<b>Top 5 Average Per MILE:</b>	6:54	
<b>1 - 5 Split:</b>		3:29			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		



## 2022 OUA Cross Country Championships

44th for Women, 107th for Men

2022-10-29

2022-10-29 - 2022-10-29

Thames Valley GC, London, ON

**TEAM: BROCK BADGERS****SCORE: 295 PLACE: 11**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
45-45	Robyn Adamo		E4	13	33:17	4:10	6:42
59-58	Lauren Macsai		E2	17	34:46	4:21	7:00
67-65	Cori Macsai		E2	16	36:26	4:34	7:20
65-63	Julie Mak		R	18	35:34	4:27	7:10
66-64	Adeline Steiger		R	19	35:42	4:28	7:11
77-73	Ciepielewski Ania		R	14	38:13	4:47	7:42
85-77	Verbrugge Liberty		R	15	41:42	5:13	8:24
<b>Top 5 Total Time:</b>		2:55:45			<b>Top 5 Average Time:</b>	35:09	
<b>Top 5 Average per KM:</b>		4:24			<b>Top 5 Average Per MILE:</b>	7:05	
<b>1 - 5 Split:</b>		3:09			<b>1 - 7 Split:</b>	8:25	
<b>Top 7 Total Time:</b>		4:15:40			<b>Top 7 Average Time:</b>	36:32	

**TEAM: TMU BOLD****SCORE: 369 PLACE: 12**

OVERALL SCORE - PLACE	NAME	AGE	GR	BIB	TIME	Avg. Per KM	Avg. Per Mile
74-70	Tijana Panic		R	86	36:54	4:37	7:26
75-71	Victoria Hebert		R	83	37:18	4:40	7:31
79-74	Olivia James		R	84	39:17	4:55	7:55
84-76	Jessica Ward		R	89	41:36	5:12	8:23
87-78	Brigitte Toljagic		R	88	42:55	5:22	8:38
<b>Top 5 Total Time:</b>		3:18:00			<b>Top 5 Average Time:</b>	39:36	
<b>Top 5 Average per KM:</b>		4:57			<b>Top 5 Average Per MILE:</b>	7:58	
<b>1 - 5 Split:</b>		6:01			<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>					<b>Top 7 Average Time:</b>		