

Sudbury Fitness Challenge - Results

Date: August 21, 2011 - 12:30 pm

Location: WMBC Naughton Trails

Race Name: SFC 20 km



Category Place	Overall Place	Plate #	Name	Category	Lap			Finish Time
					Lap 1	Lap 2	Lap 3	
1	18	132	Crystal Sabel	20 km F 20 - 29	0:24:36	0:27:10	0:28:02	1:19:48
1	10	100	Angela Keefe	20 km F 30 - 39	0:23:14	0:25:53	0:26:13	1:15:20
1	25	101	Amanda Kosmerly	20 km F 40 - 49	0:28:15	0:32:36	0:33:42	1:34:33
1	19	133	Tayte Kosmerly	20 km M 13 - 15	0:24:36	0:27:35	0:27:57	1:20:08
1	1	105	Dominic Girard	20 km M 16 - 19	0:19:12	0:21:35	0:21:25	1:02:12
2	17	103	Colin Desjardins	20 km M 16 - 19	0:23:50	0:27:24	0:27:36	1:18:50
3	21	102	Alex Shea	20 km M 16 - 19	0:26:02	0:30:31	0:31:16	1:27:49
4	22	104	David Hanson	20 km M 16 - 19	0:27:28	0:30:18	0:30:11	1:27:57
5	26	106	Eric Schyer	20 km M 16 - 19	0:26:19	0:31:27	0:37:15	1:35:01
1	2	110	Greg Edgar	20 km M 20 - 29	0:20:05	0:22:44	0:22:43	1:05:32
2	4	107	Alex Anstice	20 km M 20 - 29	0:19:13	0:27:53	0:21:09	1:08:15
3	5	108	Charlie Reid	20 km M 20 - 29	0:21:03	0:23:41	0:23:47	1:08:31
4	6	111	Jesse Wetzl	20 km M 20 - 29	0:21:15	0:24:19	0:23:39	1:09:13
5	9	113	Nick Noob	20 km M 20 - 29	0:22:47	0:25:45	0:25:17	1:13:49
6	12	112	Marc Larochelle	20 km M 20 - 29	0:23:25	0:25:45	0:26:41	1:15:51
7	13	115	Theo Theodossiou	20 km M 20 - 29	0:23:32	0:26:14	0:26:13	1:15:59
8	DNF	114	Paul Guenette	20 km M 20 - 29	0:20:56	DNF	DNF	DNF
9	DNS	109	Chris Noob	20 km M 20 - 29	DNS	DNS	DNS	DNS
1	3	119	Marc Rioux	20 km M 30 - 39	0:21:00	0:23:14	0:23:23	1:07:37
2	7	116	Tyler Dunford	20 km M 30 - 39	0:21:27	0:23:59	0:24:16	1:09:42
3	8	118	Jody Waddell	20 km M 30 - 39	0:23:32	0:24:08	0:24:43	1:12:23
4	14	121	Nick Green	20 km M 30 - 39	0:23:30	0:26:42	0:26:55	1:17:07
5	20	120	Mike Banks	20 km M 30 - 39	0:24:28	0:28:18	0:29:55	1:22:41
6	DNS	117	Jean St. Amour	20 km M 30 - 39	DNS	DNS	DNS	DNS
1	11	125	Neil Phipps	20 km M 40 - 49	0:22:42	0:25:22	0:27:38	1:15:42
2	15	134	Adrian Gedye	20 km M 40 - 49	0:23:20	0:26:22	0:28:31	1:18:13
3	16	122	Andrew Noob	20 km M 40 - 49	0:23:38	0:26:52	0:28:18	1:18:48
4	23	124	John MacLean	20 km M 40 - 49	0:26:43	0:30:31	0:31:00	1:28:14
5	24	126	Richard Ethier	20 km M 40 - 49	0:27:35	0:30:58	0:32:20	1:30:53
6	27	123	Jeff Hutzul	20 km M 40 - 49	0:30:17	0:33:06	0:33:00	1:36:23
1	28	127	Terry Del Bosco	20 km M 50 - 59	0:28:35	0:34:48	0:33:46	1:37:09