

9:45 - 1km kids race 10:00 - 3km & 8km walden Cro

Walden Cross Country Fitness Club 1 Denis Ave, Naughton, ON

- Register online at the Running Room website
 Paper forms also available at the Running Room
 We also have race day registration 8:30-9:30 at the ski chalet*
 before Sept 13: kids 1km (\$8), 3km (\$15), 8km (\$20)
 *race day: kids 1km (\$10), 3km (\$20), 8km (\$25)
- funds raised support our youth ski racing program
- Adult entry includes technical turkey t-shirt!*

 *kids can purchase shirts at the event for \$10
 tshirt sizing only be guaranteed for those registered before September 20th
- Awesome post-race snacks, draw prizes, medals for winners

Don't miss this final event in the **2014 Sudbury Fitness Challenge!** SFC winners will be crowned after the race



Race Sponsor:
ARC Climbing, Yoga, Fitness
www.arcclimbing.ca

